



2017-2018

# Sports and Activities Guide

# **FAIR School Crystal: Home of the Dragons**

School Colors: Green and Purple

Principal: Randy Moberg  
Assistant Principal: Jackie Reiter  
Assistant Principal: Zoraba Ross  
Activities Director: Chau Nguyen

3915 Adair Avenue North  
Crystal, MN 55422

Main Office Phone: 763-971-4500  
Main Office Fax: 763-971-4531

## Introduction

At FAIR School Crystal students may choose to participate in a variety of extracurricular activities including programs in athletics, fine arts, service and academics. These activities provide excellent experience in learning teamwork, leadership development, social growth, team spirit and respect for others. We invite you to encourage your student to participate in as many activities as their abilities and time allow.

Participating in extracurricular activities is a privilege, not a right. FAIR students are expected to follow all school rules while participating in sports and school activities. Students who violate any provision of the student behavior handbook, Board policies or the rules established by any coach, advisor, activities director or (if applicable) the League of Independent Sports Teams (LIST), are subject to a denial of participation in any or all extracurricular activities. The Superintendent, principal, assistant principal, coach, advisor, activities director or other administrator (hereinafter “appropriate authority”) is authorized to deny a student the privilege of participating in any or all extracurricular activities.

## Academic Eligibility

Prior to students participating in any activity, grades will be checked from the previous term. Students are expected to have passing grades in all classes to be eligible to participate in any activity. Students failing **any class**, in the term immediately before the season, **will not be permitted to participate**. During the season, grades will periodically be monitored by coaches and/or activity leader. Students must be passing all classes to remain eligible to participate each week.

## Activity Bus

Activity buses are provided for students who participate in after school activities. Buses depart from the north door at 4:30 p.m. Monday through Thursday. Routes are posted in the front hall. All activity routes are planned to provide transportation to established satellite stops.

Any disruptive behavior, as defined under school policy, while riding a school bus is prohibited (see Student Behavior Handbook: Rights and Responsibilities, pg. 16). Infractions may include:

1st bus referral: Warning

2nd bus referral: Student is suspended from riding the activity bus for the remainder of the season.

Due to no supervision after practice, students not riding the activity bus **must** be picked at 4:30 p.m. and immediately after games. Failure to make arrangements for student pick up may result in dismissal on the team.

***\*\*Students must be accompanied by a parent in order to attend a game, practice or performance that they are not directly participating in.***

## Activities for 2017-18

There are four components to the activity program at FAIR:

### **1. LIST League Sports @ FAIR School Crystal (Grades 5-8)**

LIST is a consortium of private and charter school teams that organize a series of co-ed sports, including soccer, basketball and volleyball specifically for Middle Schools in the Twin Cities. The philosophy of LIST is to introduce students to these sports, so they are intentionally co-ed and cross grade-level. Participation and sportsmanship is encouraged over competition.

*\*Busing is provided to and from FAIR for away games. Parents must pick up their child from school in a timely manner after the return of the bus.*

### **2. Interscholastic Athletics @ Robbinsdale Middle School (Grades 7-8)**

These sports are offered for 7th and 8th graders Monday through Thursday. Sports at RMS are slightly more competitive than LIST League Sports. All required forms and schedule are available on the RMS website [http://rms.rdale.org/for\\_students/activities](http://rms.rdale.org/for_students/activities) Contact the Athletic Director for more information. Jared Severson [jared\\_severson@rdale.org](mailto:jared_severson@rdale.org)

*\*Busing is provided to RMS and back to FAIR (so students can catch the activity bus to a satellite stop) on practice days. Busing is provided to RMS on game days but parents must pick up their child from the game or from RMS.*

The sign-up deadline for each sport is usually the first week of each season

#### **Dates**

Fall	Sept. 6 - Oct. 26
Winter I	Nov. 6 - Jan. 11
Winter II	Jan. 15 - Mar. 8
Spring	Apr. 3 - May 24

### **3. Interscholastic Athletics @ Cooper High School (Grades 7-8)**

If students make the varsity team, they would need to pay the high school fee and abide by CHS and MSHSL rules. Any FAIR student who lives in the CHS attendance area can join the CHS Cooperative teams as long as they can provide a ride to CHS after school. Please check with CHS for sports offered.

*\* Students interested in a high school sport must register at Cooper High School. There is no transportation provided home from practices or games.*

### **4. Activities @ FAIR School Crystal—Year-round and special sessions**

These activities are open to all students, and include: Fall Play, All District Band, Math Club, Leadership Club, Fall and Spring Musical, Select Choir, Yearbook, Newspaper, Hip Hop, Self-Defense and others. Activities may not be available due to low number of registrations. Check the office for more information and updates.

**Sports Opportunities at FAIR School Crystal**

<b>Sport/Activity</b>
<b>Fall (Quarter 1):</b>
Fall Play
Co-ed Boys and Girls Soccer (grades 5-8 LIST)
<b>Winter I (Quarter 2):</b>
Co-ed Boys and Girls Basketball ( 5-8 LIST)
<b>Spring (Quarter 4):</b>
Musical
Co-ed Boys and Girls Volleyball ( 5-8 LIST)

**Yearlong Opportunities at FAIR School Crystal:**

<b>Activities:</b>
Yearbook Club
Leadership Club
Math Club
Select Choir
All District Band
Newspaper Club

**Sports Opportunities at Robbinsdale Middle School:**

RMS has a four-season athletic program, which coincides with the four academic quarters. The format gives students an opportunity to participate in more athletic activities and use the facility more efficiently. The four seasons are Fall, Winter I, Winter II, and Spring.

<b>Sport</b>
<b>Fall (Quarter 1):</b>
7-8 <sup>th</sup> grade Boys Soccer

7-8 <sup>th</sup> grade Girls Volleyball
<b>Winter I (Quarter 2):</b>
7-8 <sup>th</sup> grade Girls Basketball
Boys Wrestling 6/7/8
<b>Winter II (Quarter 3):</b>
7-8 <sup>th</sup> grade Boys Basketball
<b>Spring (Quarter 4):</b>
7-8 <sup>th</sup> grade Boys and Girls Track

**Sports Opportunities at Cooper High School:**

<b>Fall (Quarter 1)</b>
7-8 <sup>th</sup> grade Girls Tennis
7-8 <sup>th</sup> grade Boys and Girls Cross-Country
7-8 <sup>th</sup> grade Girls Soccer
7-8 <sup>th</sup> grade Girls Swimming
<b>Winter I (Quarter 2)</b>
7-8 <sup>th</sup> grade Boys Swimming
<b>Spring (Quarter 4)</b>
7-8 <sup>th</sup> grade Boys Tennis
7-8 <sup>th</sup> grade Boys and Girls Golf

## **Athletic Fees**

The School Board requires an activity fee to help offset part of the cost of athletics. The fee is \$46 for all middle school sports. Other activities and clubs, arts groups and service groups may have various fees of a reasonable amount. Families have a yearly **district** maximum of \$700. Once that amount has been reached for the family, no further fees will be charged for the school year.

Students who receive free and/or reduced lunches will pay half of the activity fee, Students who have paid the fee and subsequently withdraw may apply for a **refund**. However, refunds are not given after the first contest in a sport or if the student has outstanding fines. Uniforms not returned must be paid for by the student.

## **Robbinsdale Middle School Classic Conference Website**

All games and match dates can be found on the Classic Conference Website:

[http://www.classicmsjh.org/g5-bin/client.cgi?G5genie=276&school\\_id=7](http://www.classicmsjh.org/g5-bin/client.cgi?G5genie=276&school_id=7)

We encourage parents to subscribe to the “notify me” to get reminders and updates on all games and matches.

### **RMS Activities Information**

Subscribe to the Robbinsdale Middle School Conference Site  
at: [www.classicmsjh.org](http://www.classicmsjh.org)

By selecting “Notify Me” you can up-to-date information on  
all games and matches.

## **Robbinsdale Middle School Activities Calendar:**

All games and match dates including changes can be found on the Robbinsdale Middle School Activities Calendar:

<http://www.classicmsjh.org/public/genie/276/school/7/date/2017-11-14/view/week/>

# **LEAGUE OF INDEPENDENT SPORTS TEAMS**

**8/5/17**

## **CODE OF CONDUCT AGREEMENT**

The mission of LIST is to promote the development of skill, teamwork and sportsmanship, to build community and foster friendships between the various schools and participants, and to encourage students to play.

### **GENERAL GUIDELINES:**

Player, families, and coaches are expected to conduct themselves at all times in a manner that is in keeping with the LIST mission. Respect for property of others, adherence to the rules and guidelines as specified by the coach and the league are required for participation in this program.

### **DISCIPLINE RULES:**

Irresponsible and disrespectful behavior by a player and/or their family members will not be tolerated. This includes (but is not exclusive to):

- Inappropriate or disrespectful behavior towards other players, coaches, families, officials, and other spectators (Parent coaching is inappropriate and disrespectful to your coach.)
- Derogatory comments to other teammates, coaches, officials, opposing teammates, and spectators
- Inappropriate language to other teammates, coaches, officials, opposing teammates, and spectators
- Disruptive behavior
- Physical and/or verbal violence
- Intimidation.

### **CONSEQUENCES:**

Behavior that is not befitting a LIST player, family member, or coach will result in either removal from the game/field area, probation, or suspension from the team. At the time of the incident, determination for the removal can be made by officials, coaches, or the league director. Long term consequences will be determined by the LIST board and league director. The offending party will receive a letter highlighting the incident and the action being taken.



## **Spectator Conduct**

Good sportsmanship requires all FAIR Crystal School spectators to follow this code of conduct:

1. Cheer for FAIR Crystal, never mock or boo opponents.
2. Vulgar, obscene or suggestive yells or signs are not to be part of any student rooting section.
3. Be considerate of opposing players and coaches. Treat visiting teams as invited guests.
4. Become familiar with the spirit and rules of the game. Accept decisions made by officials.
5. Be gracious in victory, sportsmanlike in defeat.
6. Cheer good plays by either team.
7. Fans are to stay off the playing field/floor at all times, particularly at the conclusion of the games.
8. Concessions should stay in the assigned areas.
9. Support our cheerleaders positively.
10. Remember all school rules of behavior apply to athletic contests.

## **FAIR School Crystal Basketball Uniform Deposit Policy**

To help us do a better job of keeping track of our uniform jerseys and insure that they are turned in after the season in a timely manner, the FAIR School Crystal Activities Director and Administrators have instituted the following uniform policy: All athletes are required to make a deposit of \$30.00 by check before uniforms are issued. Deposit checks will be held and not cashed until satisfactory return of the uniform jersey (at the end of the season or within one week following). Uniforms are the property of FAIR School Crystal and are not for sale. If the uniform is lost or unnecessarily damaged, the deposit check will be cashed, and used to cover the cost of replacement. Upon satisfactory return of the uniform jersey, the bookkeeper will shred the deposit check. No deposit check will be accepted without the bottom portion of this letter signed by the student and a parent or guardian. No uniform jersey will be issued without this form signed and a deposit check.

We appreciate your help in making sure that we manage the resources we have available in a proper fashion.

Sincerely,

Chau Nguyen  
Activities Director  
Chau\_Nguyen@rdale.org  
763 971 4548

### **Sign and return paper along with check.**

UNIFORM JERSEY DEPOSIT We have read and agree to the Uniform Deposit Policy as stated above and agree to return the school's uniform in a timely manner. At the end of the season we will either shred your check or cash it if uniform(s) were not turned in.

Athlete Name \_\_\_\_\_ Grade \_\_\_\_\_  
Athlete Signature \_\_\_\_\_ Date \_\_\_\_\_  
Parent/Guardian Name \_\_\_\_\_ Date \_\_\_\_\_  
Parent/Guardian Signature \_\_\_\_\_ Sport \_\_\_\_\_

---

Office Use Only: Date Received \_\_\_\_\_ Check Number \_\_\_\_\_  
Date Shredded \_\_\_\_\_ Date Check Turned Over To Be Cashed \_\_\_\_\_

**FAIR CRYSTAL LATE ACTIVITY ROUTES**

	<b>LOCATION</b>	<b>ADDRESS</b>	<b>Time</b>
<b>BUS 803</b>			
1	Meadowbrook Elementary	5430 Glenwood Ave, Golden Valley	4:32
2	St Louis Park Middle School	2025 Texas Ave S, St Louis Park	4:41
3	Richard Green	3416 4th Ave S, Minneapolis	5:01
4	South Sr High	3131 19th Ave S, Minneapolis	5:08
5	Richfield S.T.E.M	7020 12th Ave. S, Richfield	5:28
6	Armatage	2501 56th St W, Minneapolis	5:40
7	Our Lady of Grace	5051 Eden Ave, Edina	5:50
<b>BUS 808</b>			
1	Patrick Henry High School	4320 Newton Ave N, Minneapolis	4:33
2	Farview Park	2900 Lyndale Ave N, Minneapolis	4:42
3	North Community YMCA	1711 West Broadway Ave., Mpls.	4:48
4	North High School	1500 James Ave N, Minneapolis	4:50
5	New Harrison Ed. Center	501 Irving Ave N, Minneapolis	4:54
6	Kenwood Recreation Center	2101 Franklin Ave W, Mpls.	5:03
<b>BUS 809</b>			
1	Plymouth Creek	16005 41st Ave N., Plymouth	4:40
2	Wayzata Central Middle School	305 Vickburg Lane N., Wayzata	4:52
3	Hopkins West JR High School	3830 Baker Road, Hopkins	5:03
4	Glen Lake Elementary	4801 Woodridge Rd, Minnetonka	5:09
5	Forest Hills Elementary	13708 Holly Rd., Eden Prairie	5:18

<b>BUS 813</b>			
1	Brooklyn Center High School	6500 Humboldt Ave N, Brooklyn Center	4:35
2	Columbia Academy	900 49th Ave NE, Columbia Height	4:46
3	St Anthony Middle School	3303 33rd Ave NE, Minneapolis	4:54
4	Sheridan Elementary	1201 University Ave. NE, Minneapolis	5:10

**Please fill out the information below.**

My student requires transportation.

My student does not require transportation. He/she will be picked up at 4:30.

---

Student Name

---

Student Activity

---

Bus #

---

Bust Stop Requested

---

Parent Print Name

---

Date

---

Parent Signature

# 2017-2018 FAIR School Crystal Activity Student Information and Waiver

Class/Activity \_\_\_\_\_

Emergency Information

Male \_\_\_\_\_ Female \_\_\_\_\_ Age \_\_\_\_\_

Student Name \_\_\_\_\_ Date of Birth \_\_\_\_\_

Parent's/Guardian's  
Name \_\_\_\_\_

Address \_\_\_\_\_ Home Phone \_\_\_\_\_

Additional Numbers to Reach Parents and Guardians:

\_\_\_\_\_

In an emergency, if parents/guardians cannot be contacted:

1. Name \_\_\_\_\_ Relationship to student \_\_\_\_\_

Phone Number \_\_\_\_\_

2. Name \_\_\_\_\_ Relationship to student \_\_\_\_\_

Phone Number \_\_\_\_\_

Family Doctor \_\_\_\_\_ Doctor's Phone \_\_\_\_\_

Insurance Company \_\_\_\_\_

Preferred Hospital \_\_\_\_\_

We, the undersigned, recognize that School District 281 has no liability for injuries resulting from participating in the activity/athletic program and that the school does not carry insurance to cover expenses incurred from injuries. We hereby release the school district and school from any claims and demands in connection with injuries suffered by the student names below.

**Academic Eligibility**

We, the undersigned, understand that students will not be allowed to participate in any activity if they have not passed all classes during the previous term. We understand that during the season, students need to be allowed to participate in the activity until passing grades have been reached. Only apply to students participating in sports including LIST League. For other activities, see instructors/teachers and/or Activities Directors regarding about academic and behavior policies.

**Rules & Regulations**

We, the undersigned, have reviewed the Rules & Regulations, as well as the Activities Directory. We agree to abide by the rules and regulations as stated. Copies of the Activities Directory can be found in the Guidance Office or online via the website.

\_\_\_\_\_  
**Student Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_\_  
**Date**

OFFICE USE ONLY	
Sport student registered _____	Fee paid date _____
Location of practice _____	Initial _____

# **FAIR Athletics Parental**

## **Transportation Permission Sign-Out**

**My signature below represents that I am the parent of the student I listed and will be transporting my son/daughter from the FAIR vs. \_\_\_\_\_ game/contest/event on the date listed below. My signature relinquishes FAIR School/Robbinsdale Area Schools from all transportation responsibilities, and/or injury or harm that could occur in transporting my child from this game/competition.**

<b>Athlete Name</b>	<b>Parent Signature</b>	<b>Date of Event</b>

# **2017-2018 FAIR SCHOOL STUDENT ACTIVITIES RULES & REGULATIONS**

## **1. Academic Eligibility**

- Student are not eligible to participate in any after school athletics or activities if they have not passed all of their classes for the previous term.
- Students must be passing all their current classes during their activity season. If at any point they are not passing a course, students will be placed on academic probation until they return to passing the course.

## **2. Behavior**

- You are representing FAIR School during all after school activities. All school rules and procedures continue after school during all activities.
- Each coach/activity leader may have additional rules that are particular to that activity.

## **3. Activity Events**

- Student participant must display proper behavior at all times because they are representing FAIR school.
- Students must stay at the event until the coach/supervisor gives them permission to leave.
- Participants may not leave an away even unless the coach/activity leader has received a verbal/written request from the parents/guardian who is at the event No student will be allowed to leave with another student's' parent/guardian unless written permission has been received prior to the event.

## **4. Physical Examinations**

- Physicals are not required but we encourage you to get a physical for your child each year.
- Your signature indicates that your student is fit for activities.

## **5. Athletics Equipment**

- Most equipment is supplied by the school.
- The student must pay for lost or damaged equipment or uniforms. A student will not be allowed to begin another season until all previous equipment issued is returned or paid.
- Uniforms are to be worn on game days only unless directed otherwise by the coach.

## **6. Attendance**

- After school practices begin no more than ten minutes after dismissal from classes.
- During practices, participants are to remain with the team and under the coach's supervision.
- You are a member of a team and other team members are relying on you. Too many absences may result in removal from the team.